COURSE INSTRUCTOR:
Saralyn Gillikin, DNP, MSN, NEA-C, RN-BC, C-EFM

Saralyn Gillikin is an expert clinician and educator in women’s health and obstetrical nursing. She is a third generation OB nurse. She has served in a variety of roles including staff nurse, educator, faculty, and administrator. Saralyn is active in the Association of Women’s Health, Obstetrics, and Neonatal Nursing (AWHONN). Saralyn’s passion for women’s health and obstetrical nursing and the nurses who care for them translates in this course through the way she prepares participants to challenge and pass the certification exam.
At the conclusion of this course, participants should be able to:

• Review and enhance test taking skills.
• Identify content outline for the RNC-OB exam.
• Identify resources for RNC-OB exam preparation.
• Identify typical presentation of inpatient OB nursing situations.

COURSE TOPICS:

DAY 1 – Pregnancy and Normal Childbirth Process
• Factors Affecting the Maternal/Fetal Dyad
• Disease Processes and Risks to Pregnancy
• Assessment of the Infant and Mother Prior to Delivery
• Fetal Assessment
• Acid-base Assessment
• Labor and Birth
• Procedures in Obstetrics
• Pain Management

DAY 2 – Obstetrical Complications, Adaptation and the Newborn
• Obstetric Complications
• Normal Postpartum and Possible Complications
• Newborn and Adjustment to Extrauterine Status and First Hours of Life
• Professional Issues

DATES/LOCATION:
November 16 & 17, 2019
Kaiser Permanente – Santa Clara Medical Center
Hospital Building,
Lower Level, Café Conference Room B08
(by the Orchard Cafeteria)

FEES:
FREE Kaiser Employees
(not open to outside participants)

REGISTRATION BY OCTOBER 14, 2019
REGISTRATION:
1. Submit your ED Leave Request in KP Schedule
2. Contact the Registration Coordinator for sign-up

REGISTRATION COORDINATOR:
Debora F. Pierson
(408) 851-7312
Debora.F.Pierson@kp.org